

#### DEVELOPMENT OF A

# Non-profit Association for Family Care



### Contents

National Background The Missionary Field About Ricardo & Dani Curriculum – Ricardo Curriculum – Dani Our Journey *Refúgio* (Refuge) Morretes, Paraná Place *Refúgio*'s Implementation Project *Refúgio*'s Principles

Family Restoration Center Goals & Objectives **Programs Summary** Social Impact Opportunities Where Are We Now Our Team The Ecological Brick Factory The Brick Factory – Business Plan **Other Maintenance Initiatives** Licenses and Registration Be a Partner of the *Refúgio* FRC!

### National Background

With a population of **212** million, Brazil faces typical emerging countries challenges, such as social inequality and issues in public health, safety and education.

These problems exarcebate the lack of family stability and generate the need for attention of missionaries throughout the world.

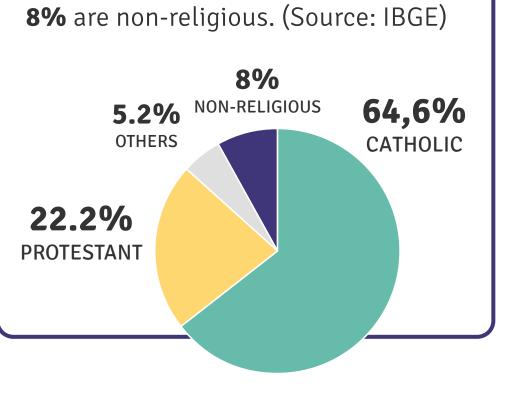


According to the 2017 survey by Association of Brazilian Transcultural Missions,  $\bullet \bullet \bullet \bullet \bullet$ there are **15,000 missionaries** responsible . . . . • • for cross-cultural missions, with only **1.3%** • working with the care of missionaries.

According to data from Colégio Notarial do Brasil, there was a **15% increase** in the number of divorces from 2019 to 2020. A rate much higher than the historical average of 2% increase each year. In numbers, more than 43 thousand extrajudicial divorces were carried out in the second half of 2020 against more than 38 thousand divorces in 2019. (Source: Rádio Agência Nacional)

In Brazil, **86.8%** of the population are Christian, 64.6% are Catholic, 22.2%





are Protestant, 5.2% are others and



### The Missionary Field

Christian missionaries dedicate their lives for the Name of Jesus Christ in projects as part of structured organizations and churches, or by themselves.

Independently in their field of work, it is necessary to understand these individuals and families and support them, not only financially but as people. Their spiritual and emotional health is crucial for the continuity and quality of their own families, as well as for their proposed work.



We all have a lot of information regarding people not reached by the Gospel, but how much do we know about the **spiritual** and **emotional health** of pastors and missionaries and their families?



With 19 years of multidisciplinary counseling experience, our focus has been developed into care for missionaries and pastors, including their families. The **Refúgio Project** was born in this trajectory.



2002

**Ricardo:** + Arrival on missions (YWAM Pitangui-MG) 

2005

2006

Dani: + Arrival on missions (YWAM Pitangui-MG) 🔊

**Ricardo:** + 3 months in Argentina doing volunteer work among young people and teenagers 🔤

Dani: + 1 month in Peru co-leading a Discipleship **Training School** outreach team

#### **BEGINNING OF OUR JOURNEY IN MISSIONS**





Wedding **Ricardo & Dani** 

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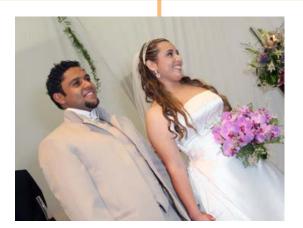
2007

#### 2008-2009

#### R&D:

+ Realization of the Integral Mission School at CEM - Mission Evangelical Center (Viçosa-MG) 📀

+ Emergence of the dream of Refúgio - Family Restoration Center project + Ecological Bricks Factory





#### 2010

R&D: + Realization of the School for Foundations in Counseling Ministry (Curitiba-PR) 💿



#### R&D:

+ 2 months in Cape Verde (Africa) working with different age groups and rehab center, during the outreach of the School for Foundations in Counseling Ministry 💻

+ Realization of Addictive Bahavior Counseling School (Crato-CE)









#### 2012

2013

R&D: + Going to South Africa for English School, working and serving in a needy comunity Kibutz (Worcester) 🔀

#### R&D:

+ 3 months in Germany to realization of School of Biblical Christian Worldview (Hurlach)

+ Back to South Africa to realization of Family Ministry School (Worcester) 🔀







R&D: + Realization of Systemic Approach Counseling School (Worcester) 🔀

+ Realization of TESL -Teaching English as a Second Language (Cape Town) 🥦

+ 3 months in Thailand to realization of School of Frontier Media (Chiang Mai)

+ 3 months in Malaysia working with parents and teachers of children with learning problems, and carrying out a case study with a local family, during the internship of Systemic Approach Counseling School (Kuching) 🖴

+ Completion of the Bachelor of Arts in Counseling with UofN – University of the Nations

+ Return to Brazil 📀







2017 2016

R&D: + Move to São José dos Pinhais-PR 🔊

+ Therapeutic Attendance in a private practice (until now) 📀

Isabelle birth







Gustavo birth

# 2018

#### R&D:

+ Partnership and administration of the Postgraduation and Training course in Family Pastoral Counseling with a Systemic Approach in partnership with a HEI (Higher Education Institution)

+ Completion of Theology Bachelor Degree at FACEL – Faculdade de Administração, Ciências, Educação e Letras 🔊







### 2019

#### **Ricardo:**

+ Completion of the Specialization in Family Pastoral Counseling with a Systemic Approach by UNIFIL – Centro Universitário Filadélfia 🔊

+ Preparation and launch of the distance learning course TAP – Training in Pastoral Training 🔊

+ Move to Morretes-PR



### 2020

+ Arrival of the fisrt family and volunteer to support Refúgio 🔊

+ Construction of the Ecological Brick Factory Refúgio Eco Edificar 🔊

# 2021

+ Officialization of the Refúgio – **Family Restoration** Center project as an Association (National **Registry of Legal** Entities)





### Curriculum – Ricardo

- Bachelor in Arts of Counseling with UofN University of The Nations (2014); +
- Bachelor in Theology with FACEL Faculdade de Administração, Ciências, Educação e Letras (2018); +
- Specialist in Family Pastoral Counseling with a Systemic Approach with UNIFIL Centro +Universitário Filadélfia (2019);
- Institution in offering therapy for individuals, couples and Families and Integral Care for people; Individual, Family and Couples Therapeutic attendance in a private office since 2015; +
- + Founding Partner and Managing President of the *Refúgio* Family Restoration Center, active
- Experience in teaching areas in matters related to Counseling; +
- Supervised internships; +
- + Volunteer work and study cases in the respective continents: Latin America, Africa, Europe and Asia.





### Curriculum – Dani

- Bachelor in Arts of Counseling with UofN University of The Nations (2014); +
- + (2018);
- + Estudos Terapêuticos da Família;
- +
- Individual, Family and Couples Therapeutic attendance in a private office since 2015; +
- Experience in teaching areas in matters related to Counseling; +
- Supervised internships; ╋
- +
- Mother of 2. +

Bachelor in Theology with FACEL – Faculdade de Administração, Ciências, Educação e Letras

Attending Post Graduation course in Sistemic Family Therapy with CEFATEF – Centro de Formação e

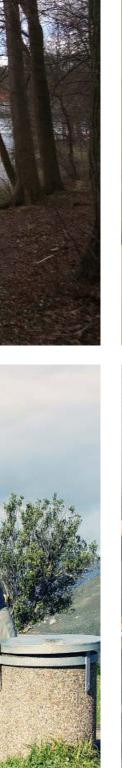
Founding Partner and Managing President of the *Refúgio* – Family Restoration Center, active Institution in offering therapy for individuals, couples and Families and Integral Care for people;

Volunteer work and study cases in the respective continents: Latin America, Africa, Europe and Asia;



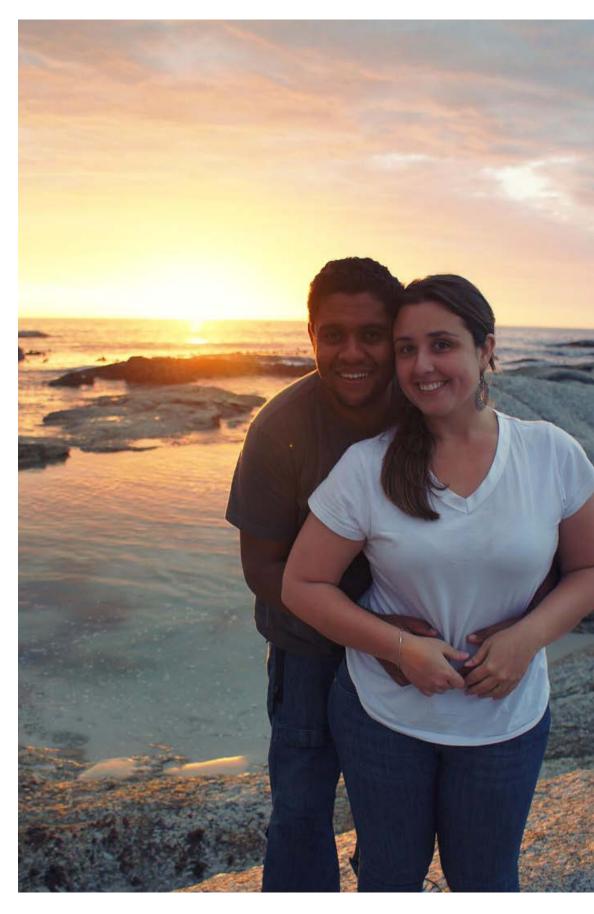
### Our Journey















### Our Journey





















### Our Journey















# Refugio FAMILY RESTORATION CENTER

**REFUGE:** a Family Restoration Center, a program based on the family as the basis of society and the human being as an integral being.





Currently located in Morretes, PR Brazil, *Refúgio* (Refuge) already started its activities back in 2015 with counseling and therapeutic support to individuals in a private clinic in Curitiba, PR. The focus stands in a solid foundation based on families restauration, especially pastors, missionaries and Christian workers who sense a lack of support in their own organizations.

The project also involved in parallel additional startups for the acquirement of long sustainable sources of income, since the families support activities are 90% voluntary.

Along the way, *Refúgio*'s concept grew from a simple therapeutic engagement into a full scale support to families, including psichotherapy, training, supporting and resting spot for families in need.







### Morretes, Paraná

Morretes is located 50km from Curitiba, State of Paraná. The city has a privileged location due to the small distance from the state's Capital, and due to the calm environment of a small touristic city.

The South and Southeast regions of Brazil are home to 56.3% of the Brazilian population. Morretes is well-placed to host people due to the proximity of the International Airport of Curitiba which facilitates access to any location in Brazil or abroad.





Place

Refúgio's base is a plot of land (5,490.84 m<sup>2</sup>) to be used as the base of multi-disciplinary activities for the treatment of individuals and families.



Casas Di Monte Ecopousada

Refúgio Eco Edificar

O Celeiro Ecogastronomia



Igreja Bom Jesus do Cardoso







### **Refúgio's Implementation Project**

-

#### OFFICE

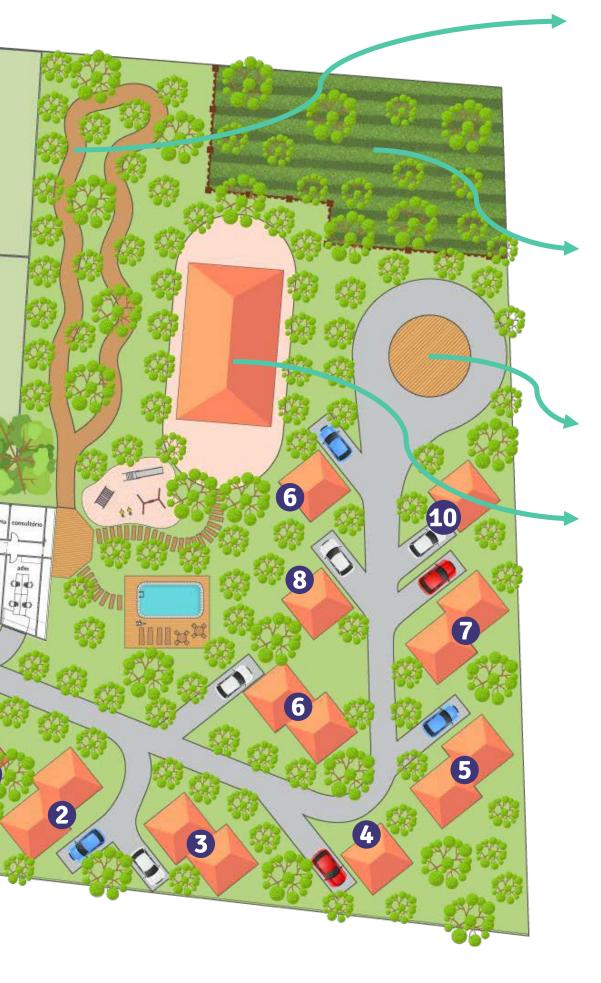
**Upper floor:** Reception area, office, therapy / training rooms, meeting room. Lower floor: Kitchen, dining room, social / leisure area.

#### **OFFICE SHED**

Taking advantage of all the leftover wooden boards, this space was created for an office and a reception room, until the official construction was carried out, in a way that meets the needs and demands of the Refúgio.

#### **NOOK HOUSE**

A place of support to host those who want to know the Project, or help with labor, or come bag and baggage in need of a longer stay.



#### **REFLECTION PATH**

90m where the goal is to take a deep breath, calm the heart and look inside. A moment to feel nature and reconnect with yourself and with God.

#### (LIFE)<sup>2</sup> SPACE

Life that generates life: 420m2 of agroecological space (vegetable garden, orchard, chicken coop and fish farm) for own consumption

#### **VIEWING SPOT**

#### **JEHOVAH SHAMMAH** CHAPEL ("God present here")

Multifunctional space: in addition to being a place for small wedding ceremonies and renewal of vows, it can also be used for meetings, seminars and services.

#### 1 to 10: BUNGALOW

Lodging to receive individuals, couples and families who come to participate in the programs and seminars offered by the Refúgio.



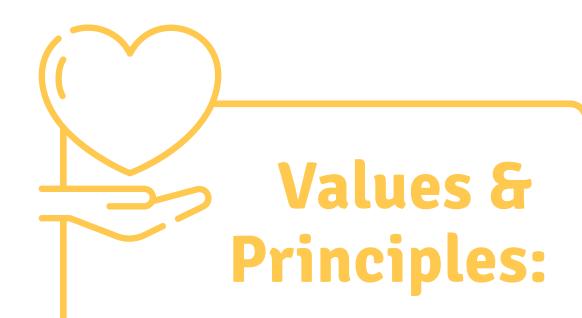
### Refúgio's Principles

#### **Mission**:

To provide specialized therapeutic care for individuals, couples and families, prioritizing integral care and providing moments of reconnection of the human being with himself, with the other, his spirituality and enjoying the natural beauty of the place.

In the long term, our goal is to change life through therapeutic treatment, being a reference in comprehensive care for people; to train professionals in family therapy, developing practical experiences through private and social clinical care – not only benefiting professionals, but also low-income people; to raise funds; to offer job opportunities.

#### Vision:



Be the difference that makes the difference. Quality restorative time to encourage health in all areas of being human.



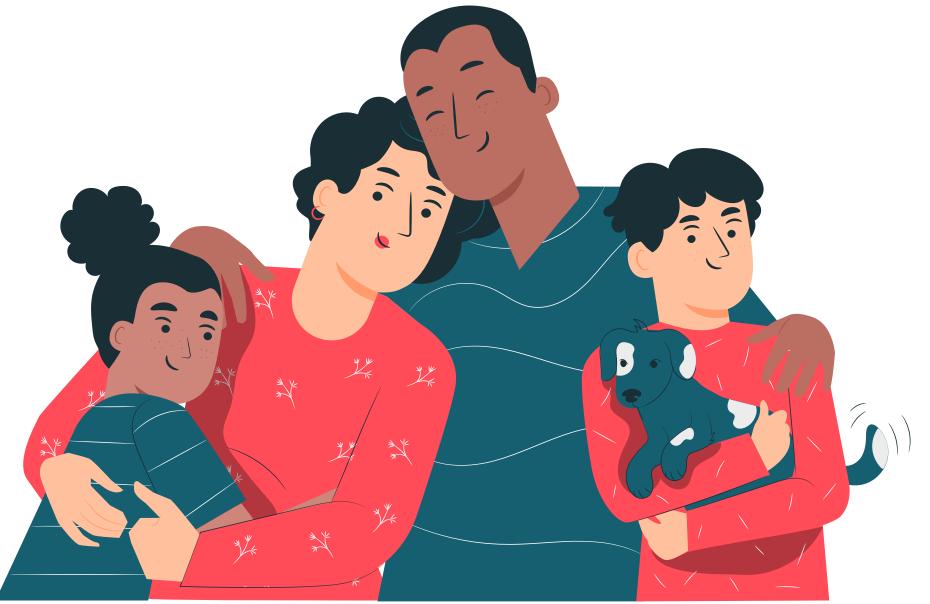


### **Family Restoration Center**

**Resignation & Resilience Exercises** 

**Training &** Capacitation

**Hosting** & Accomodation



#### **Emotional Conflicts** Treat

Full **Family Care** 

Workshops & Concept **Dissemination** 

#### **Counseling** & **Therapeutic sessions**



## Goals & Objectives

- + To offer a specialized program of individual, family and couple therapy services;
- + To promote the interaction of family groups, through group therapy, for self-reflection in moments of sharing experiences and life stories;
- + To provide moments of reflection, leisure and rest through introspection, reconnection with oneself, with others, one's spirituality and contemplation of nature;
- + To train and qualify people;
- + To develop theory and practice programs simultaneously.









### Programs Summary

#### **Integral Care Program** (social and private)

- + 03 or 12 days of daily therapeutic attendance - individual (50min), couple or family (1h20min);
- + Community therapy;
- Reading suggestions; +
- Time for reflection and introspection; +
- Leisure and rest. +



#### **Training, Qualification & Workshop**

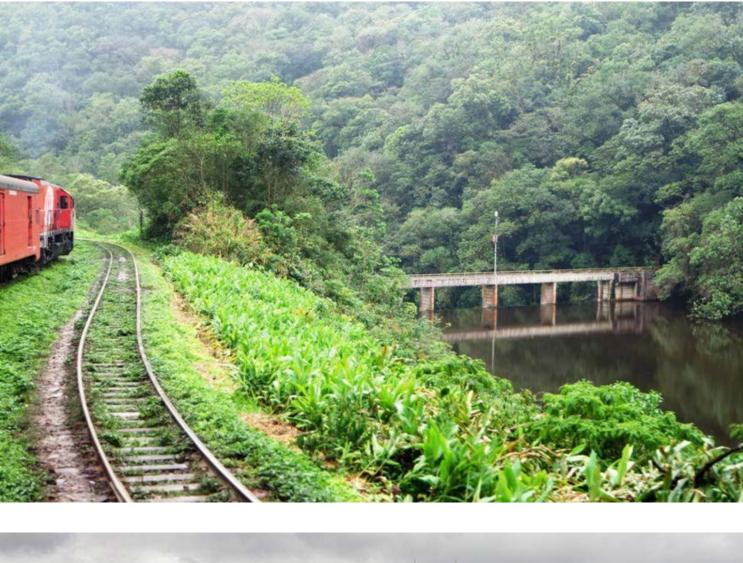
- + **APF ES** Post Graduation in Family Pastoral Counseling with a Systemic Approach;
- + **TAP** Trainning in Pastoral Counseling (Distance Learning);
- + **REAPP** Relationship Enrichment Applying Preventive Principles Workshop;
- Supervision; ╋
- English Course; +
- + **FSAP** Family Sustainability Agroecological Program.



### **Social Impact Opportunities**

Located in the coastal region of the State of Paraná, the city of Morretes is located in an ecological sanctuary of the Atlantic Forest, called by UNESCO as a Biosphere Reserve, where about 15% of all the planet's biodiversity live.

Besides the incomparable beauty of the Serra do Mar landscape, the small and charming Morretes stands out for being a beautiful historic city, an ecological paradise, having a famous gastronomic hub, besides its unforgettable train ride and all the leisure that it offers through tourism.



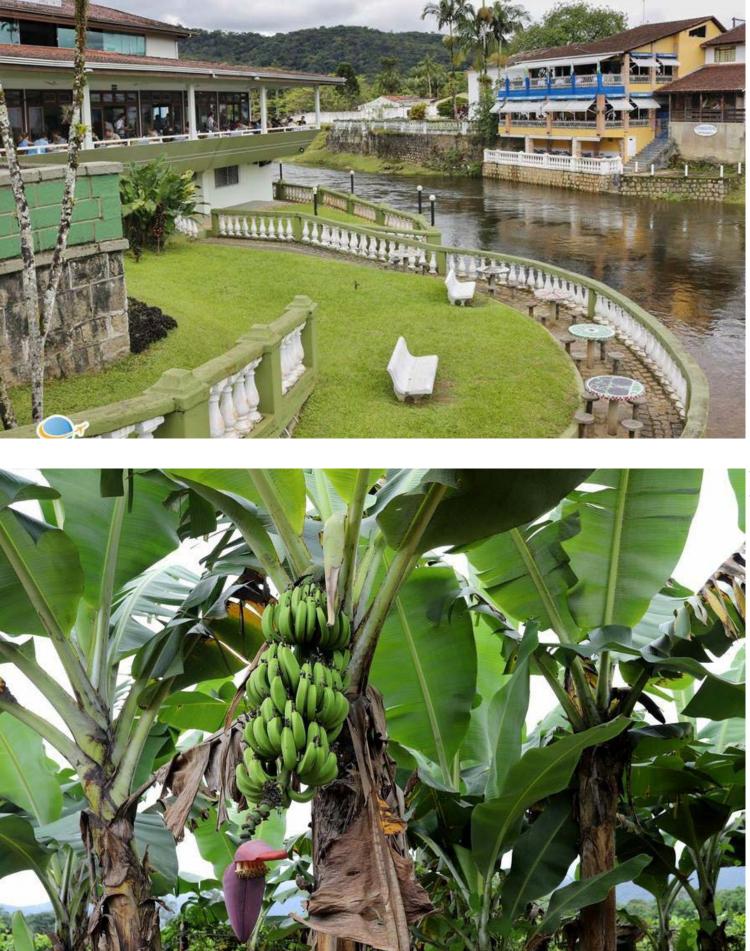




### **Social Impact Opportunities**

However, on the other hand, with its economy based solely on agriculture and tourism, the city pays a high price with the lack of assistance in health, education, skilled labor and jobs, slowing its growth and potential, since the investment collected revolves, practically, for the benefit of the visitors and not of the local population.

Our focus would be on helping people in this hospitable and welcoming environment, capable of hosting training projects as well as therapeutic and social projects as well as agroecological.

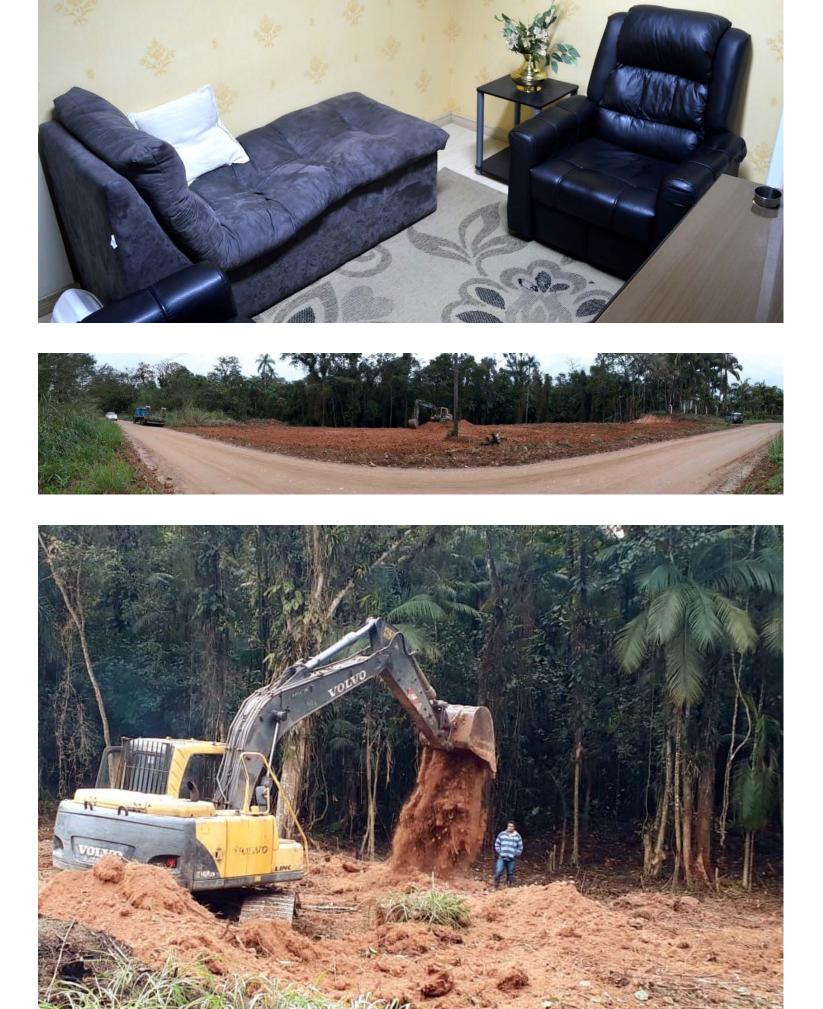




### Where Are We Now

- + Counseling and therapeutic treat are carried out in individual and/or family sessions in limited and sublet space;
- + Measures for sustainable sources of income started with the engagement of courses (Post Graduation, Distance Learning – all related to Integral Care) and an Ecological Bricks Factory;
- + The land of 5,490.84m<sup>2</sup> is available in its natural state, currently being modeled to host the Family Restoration Center.









### Where Are We Now

#### **Full-time effective workers:**

#### **Volunteer workers:**

- + Célia Bonilha Murgel Branco: Psychopedagogue and pastor;
- Clara (nurse) and children.

#### **Partners / Service Providers:**

- + **Albert Friesen:** Psychologist, family therapist;
- + Ligia Marquardt Pesch: Graphic designer.



#### + **Teodoro Family:** Ricardo (family therapist), Danielle (family therapist) and children.

+ Lazzarotti Family: André (missiologist with experience in community development),



### Our Team



**RICARDO M. TEODORO** 

+ Family and Couples Therapist + Founding president and administrator of *Refúgio* FRC

- + Expansion director of the Association
- + Founding partner of Refúgio Eco Edificar

#### DANIELLE BONILHA TEODORO

- + Family and Couples Therapist
- + Co-Founder Vice President of *Refúgio* FRC
- + Public relations director of the Association



#### CÉLIA BONILHA **MURGEL BRANCO**

+ Psychopedagogue + Pastor



#### ANDRÉ LÚCIO LAZZAROTTI

+ Transcultural Missiologist + Responsible for agroecological projects + Founding partner of Refúgio Eco Edificar

+ Nurse + Transcultural Missionary + Community Development

#### **CLARA MACIEL**



**ALBERT FRIESEN** + Psychologist + Family therapist + Professor + Academic coordinator of Post Graduation

APF-ES and TAP



**LIGIA MARQUARDT** PESCH

+ Graphic designer



### The Ecological Brick Factory

### **EDIFICAR** Refugio

**BUILDING HOUSES AND EDIFYING LIVES!** 

The ecological brick factory **REFÚGIO ECO EDIFICAR** is an idealization of REFUGIO - FAMILY RESTORATION CENTER. With a constructive methodology capable of bringing savings of up to 30% at the expense of conventional construction, the company aims to make dreams come true in a self-sustainable and ecological way.









### The Ecological Brick Factory

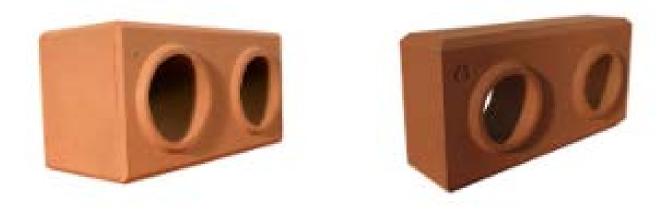


As the *Refúgio*'s right-hand, *ECO EDIFICAR* intends to be the biggest supporter of the Association – the company's success will directly impacts the Association's success.





According to SEBRAE (p.3. Apud, Oscar Neto 2010), the brick builds the home of the rich and the poor. It is the basic raw material in most constructions in the country. It is known only for brick, but a few years ago another word was added to its name: **ECOLOGICAL**.



In times of environmental sustainability, the ecological **brick** or modular brick stands out for presenting less aggression to the environment in its manufacture.









Made of soil, cement and water, they are molded through the self-pressing system, eliminating oven curing, like conventional bricks; which reduces the consumption of wood and avoids the emission of polluting gases.

After the press, the bricks are wrapped in plastic, whose objective is to delay the evaporation of the water, allowing the complete hydration of the cement and, consequently, the curing.















#### **Some Benefits:**

 Structure: The columns are embedded in their holes, better distributing the weight load on the walls;



- Reducing the use of wood in the pillars and beams boxes in almost zero;
- Savings of 70% of the concrete and mortar for laying;
- + **50%** iron savings;
- Easy finishing. If you prefer, you don't have to tow and paint, saving even more;



- + Cleaner work without debris;
- + Electrical and hydraulic installations: these are also embedded in the holes, dispensing conduits and light boxes, and the switches and sockets can be fixed, directly on the bricks.



According to studies carried out throughout Brazil, the construction system of ecological bricks brings **20 to 40% savings** to the work compared to the conventional construction system. One reason is that there is no waste, as in the latter. "Today, in a conventional work, about 1/3 of the material goes to waste" (OSCAR NETO, 2010).

The price charged by ecological brick manufacturers varies according to the type of material used and from region to region. The amount can vary between **R\$700.00** to **R\$1200.00** per thousand. **An important thing** to note is that the price of loose ecological brick should not be compared with ordinary bricks, since the economy using the ecological brick is at the end of the work.





With 20 thousand bricks you will be able to build a 150m<sup>2</sup> house with **savings of up to 30%** in your final work.



### **Other Maintenance Initiatives**

#### **Short term:**

- + Fundraising raffle tickets;
- + Sales of distance learning courses with the following themes:
  - Abuses
  - Identity
  - Family System and etc...



#### Long term:

- + Face-to-face Postgraduation in Family Pastoral Counseling with a Systemic Approach;
- + Distance Learning TAP Course Training in Pastoral Counseling;
- + REAPP Relationship Enrichment Applying Preventive Principles Workshop;
- + Integral Care Program;
- + Bungalow Rentals.





### Licenses and Registration

#### **Refúgio FRC Association:**

- Registration with the notes of securities and documents and civil registry of Legal Entities;
- Registration in Federal Revenue —
  National Registration of Legal Entities (CNPJ);
- ✓ License Permit Fire Body (no building);
- ⊘ Operating Permit City Hall;
- Registration with the Municipality
  Department of Social Action (In process).

#### **Refúgio Eco Edificar Factory:**

- ⊘ Name and Brand Search;
- Filing of the articles of Association / Declaration of Individual Company;
- ⊘ CNPJ request;
- ✓ State Registration request;
- License and Registration Permit at the Municipal Finance Secretary;
- Technical report of resistance, dimensions and water absorption;
- $\oslash$  License Permit Fire Body.



### Be a Partner of the Refúgio FRC!

#### Support monthly, with a fixed amount of your choice, or make a special donation:



### amount you want!





### Thank You!



#### "Understanding the family as the basis of society and the human **being as an integral being**" — This is the motto of *Refúgio*!

- We want to do our part so that this dream of being a resilient and healthy society becomes a reality.
- Thank you very much for taking time to read and understand more about this Project and be part of this dream with us!
  - Let's go together, making a difference that makes a difference!







#### refugiocrf.com | refugioecoedificar.com

#### PARTNERSHIP:



